

Minutes for the District Wellness Committee Meeting on Dec. 8, 2021:

Meeting was called to order at 9:00a.m.

Welcome by Drew Cone, introduction of committee members and an overview of the purpose of the VBSD Wellness committee.

Nurse Tara Dorrrough and Rachel Bond reported about the day in the life of a school nurse during Covid.

The VBSD has a Covid Dashboard located at <https://www.vbsd.us/covid-19-info/covid-dashboard>

Roy Kendrick, Child Nutrition Director, provided January menus and informed the committee of the following:

- Food shortage has required Child Nutrition to change menus often
- Aquaponics update

Becky Goerig made a motion to approve menus; Theresa Bell seconded the motion, menus approved.

Triston Bolton, with Univ. of Arkansas Ext. Office, partnered with FoodCorps and several of our elementary schools during October Farm to School Month. They saw over 600 students during this time and provided some nutritional lessons including a smoothie bike and spinach smoothies.

Joni Padilla, with Ark Dept of Health, reported about the Be Well Arkansas program and Tobacco Cessation. Counseling services are available for students 13+

Drew Cone Shared about Chad Colley Park in Van Buren is open and parking is now available. Elem. Schools are finding dates for the elem. Track and Field days.

Meeting adjourned at 10:00a.m.

Next meeting is Thursday, February 10 at 9:00 in the VBSD PD Center.