

## Resources for Gifted Young Women and Their Mentors

### Books for Counseling Gifted Girls

- How to Say It for Women: Communicating with Confidence and Power Using the Language of Success* Phyllis Mindell
- Necessary Dreams: Ambition in Women's Changing Lives* Anna Fels
- Nice Girls Don't Get the Corner Office: 101 Unconscious Mistakes Women Make that Sabotage Their Careers* Lois Frankel
- Perfectionism: What's Bad about Being Too Good?* Miriam Adderholdt and Jay Goldberg
- Play Like a Man, Win Like a Woman* Gail Evans
- Reviving Ophelia: Saving the Selves of Adolescent Girls* Mary Pipher and Ruth Ross
- See Jane Win, How Jane Won, and See Jane Win for Girls* Sylvia Rimm
- Seven Secrets of Successful Women* Donna Brooks and Lynn Brooks
- Smart Girls* Barbara Kerr
- Social and Emotional Issues, Underachievement, and Counseling of Gifted and Talented Students* Sally M. Reis, editor
- Teaching and Counseling Gifted Girls* Susan Johnson and James Kendrick
- Work Left Undone: Choices and Compromises of Talented Females* Sally M. Reis

### General

- Great Books for Girls: More than 600 Books to Inspire Today's Girls and Tomorrow's Women* Kathleen Odean
- Let's Hear It for the Girls: 375 Great Books for Readers 2-14* Erica Bauermesiter and Holly Smnith
- National Women's History Museum* (short biographies, books, videos, and many other resources)  
[www.nwhm.org](http://www.nwhm.org)
- National Women's History Project* [www.nwhp.org](http://www.nwhp.org)
- Once Upon a Heroine* Allison Cooper-Mullin and Jennifer Marmaduke Coye
- 100 Books for Girls to Grow On* Shireen Dodson
- Vhorses: A Celebration of Outstanding Women* J. Patrick Lewis

### Biographies by Career

Biographies (short) are also available at:

- [www.agnesscott.edu/lriddle/women/alpha.htm](http://www.agnesscott.edu/lriddle/women/alpha.htm)
- [www.distinguishedwomen.com/subject/field.html](http://www.distinguishedwomen.com/subject/field.html)
- <http://inventors.about.com/library/blwomeninventors.htm>
- <http://www.fhwa.dot.gov/wit/page1.htm>
- [www.cs.yale.edu/homes/tap/past-women-cs.html](http://www.cs.yale.edu/homes/tap/past-women-cs.html)
- [www.awm-math.org](http://www.awm-math.org)
- [www.groups.dcs.st-and.ac.uk/~history/Indexes/Women.html](http://www.groups.dcs.st-and.ac.uk/~history/Indexes/Women.html)
- Adventurous Women: Eight True Stories about Women Who Made a Difference* Penny Colman
- Almost Astronauts: 13 Women Who Dared to Dream* by Tanya Lee Stone
- Amelia Earhart's Daughters: The Wild and Glorious Story of American Women Aviators from World War II to the Dawn of the Space Age* Leslie Haynsworth, Lelie Haynsworth, and David M. Toomey
- American Women Writers Index* [www.accd.edu/sac/english/bailey/amwomit.htm](http://www.accd.edu/sac/english/bailey/amwomit.htm)
- A Celebration of Women Writers* <http://digital.library.upenn.edu/women>
- Congresswomen's Biographies* [www.4uth.gov.ua/usa/english/politics/congprofile/women.htm](http://www.4uth.gov.ua/usa/english/politics/congprofile/women.htm)
- A Dance with Death: Soviet Airwomen in World War II* Anne Noggle
- Encyclopedia of Women in Aviation and Space* Rosanne Welch
- Enterprising Women: 250 Years of American Business* Virginia Drachman
- Female Inventors* [www.inventions.org/culture/female/mothers.html](http://www.inventions.org/culture/female/mothers.html)
- Feminine Ingenuity: Women and Invention in America* Anne Macdonald
- The 50 Most Influential Women in American Law* Dawn Bradley Berry
- 4000 Years of Women in Science* <http://crux.astr.ua.edu/4000WS/4000WS.html>
- How High Can We Climb? The Story of Women Explorers* Jeannine Atkins
- Hypatia's Daughters: Fifteen Hundred Years of Women Philosophers* Linda Lopez McAlister, editor
- Hypatia's Heritage: A History of Women in Science from Antiquity through the Nineteenth Century*

Margaret Alic  
*Invisible Stars: A Social History of Women in American Broadcasting* Donna Halper  
*Ladies First: 40 Daring American Women Who Were Second to None* Elizabeth Cody Kimmel  
*Math Equals: Biographies of Women Mathematicians and Related Activities* Teri Perl  
*Mothers and Daughters of Invention: Notes for a Revised History of Technology* Autumn Stanley  
*Mothers of Inventions: Though Unsung and Ignored, Women Have Pushed Technology's Frontiers*  
[www.inventions.org/culture/female/mothers.html](http://www.inventions.org/culture/female/mothers.html)  
*Nobel Prize Women in Science: Their Lives, Struggles, and Momentous Discoveries* Sharon Bertsch  
 McGrayne  
*Those Wonderful Women in Their Flying Machines: The Unknown Heroines of World War Two* Saly Van  
 Wagenen Keil  
*Voices from the Gaps: Women Writers of Color* <http://voices.ca.umn.edu>  
*Women and Flight: Portraits of Contemporary Women Pilots* Carolyn Russo  
*Women and Music: A History* Karin Pendle, editor  
*Women Anthropologists: Selected Biographies* Khan, McIntyre, Weinberg, and Gacs editors  
*Women, Art, and Society* Whitney Chadwick  
*Women Artists: An Illustrated History* Nancy G. Heller  
*Women Artists in History: From Antiquity to the Present* Wendy Slatkin (also at  
[www.wendy.com/women/artists.html](http://www.wendy.com/women/artists.html))  
*Women Come to the Front: Journalists, Photographers, and Broadcasters (WWII)* [www.loc.gov/exhibits/  
 Wcf/wcf0001.html](http://www.loc.gov/exhibits/Wcf/wcf0001.html)  
*Women Explorers in Africa: Christina Dodwell, Delia Akeley, Mary Kingsley, Florence Von Sass-Baker,  
 Alexandrine Tinne* Margo McLoone  
*Women Explorers in Asia: Susie Carson Rijnhart, Alexandra David-Neel, Lucy Atkinson, Freya Stark,  
 Dervla Murphy* Margo McLoone and Margo McLoone-Basta  
*Women Explorers in North and South America: Nellie Cashman, Annie Peck, Ynes Mexia, Blair Niles,  
 Violet Cressy Marcks* Margo McLoone and Margo McLoone-Basta  
*Women Explorers in Polar Regions: Louise Arner Boyd, Kate Marsden, Ida Pfeiffer, Helen Thayer, Anges  
 Deans Cameron* Margo McLoone and Margo McLoone-Basta  
*Women in Congress* <http://womeincongress.house.gov>  
*Women in Mathematics* Lynn Osen  
*Women Invent: Two Centuries of Discoveries that Have Shaped Our World* Linda Jacobs Altman  
*Women Inventors* Jean F. Blashfield  
*Women Inventors & Their Discoveries* Ethlie Ann Vare  
*Women of Science: Righting the Record* G. Kass-Simon and Patricia Farnes, editors  
*Women of Space: Cool Careers on the Final Frontier* Laura S. Woodmansee  
*Women of the World: Women Travelers and Explorers* Rebecca Steffoff  
*Women Who Ruled: A Biographical Encyclopedia* Guida M. Jackson  
*The Women Who Wrote the War* Nancy Caldwell Sorel  
*Women World Leaders: Fifteen Great Politicians Tell Their Stories* Laura A. Liswood

### **Women's Suffrage-Fight for Equality**

*Crusader for Freedom: A Life of Lydia Marie Child* Clifford  
 Eleanor Hill Kline  
*Elizabeth Blackwell: A Doctor's Triumph* Kline  
*Elizabeth Cady Stanton: The Right is Ours* Sigerman  
*Equal Rights Amendment* (DVD)  
*Evolution toward Equality* Teresa S. Neal  
*Failure is Impossible: The History of American Women's Rights* Kendall  
*Feminists Who Changed America 1963-1975* Barbara J. Love and Nancy F. Cott  
*In Her Own Right: The Life of Elizabeth Cady Stanton* Griffith  
*In the Company of Men: A Woman in the Citadel* Mace and Ross  
*Laborers for Liberty: American Women 1865-1890* Sigerman  
*Lighting the Way: Nine Women Who Changed Modern America* Karenna Gore Schiff  
*Limits of Independence: American Women 1760-1800* Salmon  
*New Paths to Power: American Women 1890-1920* Smith

*Pushing the Limit: American Women 1940-1961* May  
*Radical Red* (Susan B. Anthony) Duffy  
*Remember the Ladies: The First Women's Rights Convention* Johnston  
*Road to Equality: American Women since 1962* Chase  
*Second Class Citizens* Emecheta  
*Sewing Woman* (DVD)  
*Society's Sisters: Stories of Women Who Fought for Social Justice in America* Gourley  
*Story of the Women's Movement* Ash  
*The Day the Women Got the Vote: A Photo History of the Women's Rights Movement* Sullivan  
*33 Things Every Girl Should Know about Women's History: From Suffragettes to Skirt Lengths to the ERA*  
Bolden  
*Votes for Women* (DVD) Kay Weaver and Martha Wheelock  
*Winning the Vote: The Triumph of the American Woman Suffrage Movement* Robert Cooney, Jr.  
*With Courage and Cloth: Winning the Fight for a Woman's Right to Vote* Bausum  
*Woman Unafraid* (Frances Perkins) Colman  
*Women Win the Vote* Gazzettes Set from [www.nwhm.org](http://www.nwhm.org)  
*You Want Women to Vote, Lizzie Stanton?* Fritz

### **Grades 5-8:**

#### History

*American Women's History: A Student Companion* Matthews  
*An Unfinished Battle: American Women 1848-1865* (Young Oxford History of Women in the US) Harriet  
Sigerman  
*Beacon at Alexandria* (about Hypatia) Bradshaw  
*Black Women of the Old West* Katz  
*Breaking New Ground: American Women 1800-1848* (Young Oxford History of Women in the US)  
Michael Goldberg  
*Colonial Mosaic: American Women 1600-1760* (Young Oxford History of Women in the US) Jane  
Kamensky  
*Courageous Women of the Civil War*  
*Flygirl* Sherri Smith  
*From Ballots to Breadlines: American Women 1920-1940* (Young Oxford History of Women in the US)  
Sarah Jane Deutsch  
*Girls Who Rocked the World: Heroines from Sacagawea to Sheryl Swoopes* Amelie Welden  
*Great Women Leaders* (Women's Hall of Fame Series) Heather Ball  
*Extraordinary Women of the West* Alter  
*Laborers for Liberty: American Women 1865-1890* (Young Oxford History of Women in the US) Harriet  
Sigerman  
*Limits of Independence: American Women 1760-1800* (Young Oxford History of Women in the US)  
Marylynn Salmon  
*Lives of Extraordinary Women: Rulers, Rebels (and What the Neighbors Thought)* Kathleen Krull  
*Madame President: The Extraordinary, True (and Evolving) Story of Women in Politics* Catherine  
Thimmesh  
*New Paths to Power: American Women 1890-1920* (Young Oxford History of Women in the US) Karen  
Manners Smith  
*100 American Women Who Shaped American History* Deborah Felder  
*100 Women Who Shaped World History* Gail Meyer Rolka  
*Outrageous Women of the American Frontier* Mary Rodd Furbee  
*Outrageous Women of Ancient Times* Vicki Leon  
*Outrageous Women of Civil War Times* Mary Rodd Furbee  
*Outrageous Women of Colonial America* Mary Rodd Furbee  
*Outrageous Women of the Middle Ages* Vicki Leon  
*Outrageous Women of the Renaissance* Vicki Leon  
*Political Leaders* (Women in Profile Series) Janice Parker  
*Profiles of Women Past and Present: Women's History Monologues for Group Presentations, Volumes I*

and *II American Association of University Women*  
*Pushing the Limits: American Women 1940-1961* (Young Oxford History of Women in the US) Elaine Tyler May  
*Rebels* (Women in Profile Series) Carlotta Hacker  
*Story of Women Who Shaped the West* Fox  
*Ten Queens: Portraits of Women in Power* Milton Meltzer  
*The Road to Equality: American Women Since 1962* (Young Oxford History of Women in the US) William Henry Chafe  
*Those Extraordinary Women of World War* Zeinert  
*Women Who Ruled* Roberta Stathis and Gregory Blanch

#### Careers/Leadership

*A to Z of Women in Science and Math* Lisa Yount  
*Adventures and Challenges: Real Life Stories by Girls and Young Women* Frances Karnes and Suzanne Bean  
*Association for Women in Computing* 222.awc-hq.org  
*Barred from the Bar: A History of Women in the Legal Profession (Women Then-Women Now)* Hedda Garza  
*Black Stars: African American Women Scientists and Inventors* Ortha Richard Sullivan  
*Claiming Your Creative Self: True Stories from the Everyday Lives of Women* Eileen Glegg  
*Cool Careers for Girls (Animals, air and space, computers, construction, crime solvers, cybersecurity and national security, engineering, environment, food, health, law, performing arts, sports, travel and hospitality)* Scholastic  
*Design Your Future: Math, Science, Technology for Girls* [www.autodesk.com/dyf/dyfmain2.html](http://www.autodesk.com/dyf/dyfmain2.html)  
*Expect the Best from a Girl* [www.academic.org](http://www.academic.org)  
*Extraordinary Women Explorers* (Women's Hall of Fame Series) Frances Rooney  
*Extraordinary Women in Politics* Charles Gulotta  
*Girls' Guide to Achieving in the Arts* Frances A. Karnes and Kristen Stephens  
*Fabulous Female Physicians* (Women's Hall of Fame Series) Sharon Kirsh  
*Girls Think of Everything: Stories of Ingenious Inventions by Women* Catherine Thimmesh  
*Gutsy Girls: Young Women Who Dare* Tina Schwager and Michele Schuerger  
*Leaders in Medicine* (Women in Profile Series) Shaun Hunter  
*Madam President: The Extraordinary, True (and Evolving) Story of Women in Politics* Thimmesh  
*Magnificent Women in Music* (Women's Hall of Fame Series) Heather Ball  
*Mothers of Invention: From the Bra to the Bomb, Forgotten Women and Their Unforgettable Ideas* Ethlie Ann Vare and Greg Ptacek  
*Nellie Bly: Daredevil, Reporter, Feminist* Kroeger  
*Remarkable Women Writers* (Women's Hall of Fame Series) Heather Ball  
*Scientists* (Women in Profile Series) Carlotta Hacker  
*See Jane Win for Girls* Sylvia Rimm  
*Spectacular Women in Space* (Women's Hall of Fame Series) Heather Ball  
*Super Women of Science* (Women's Hall of Fame Series) Kelly Di Domenico  
*The Scientist Within You: Experiments and Bibliographies of Distinguished Women in Science* Rebecca Warren  
*The Sky's the Limit: Stories of Discovery by Women and Girls* Catherine Thimmesh  
*Women and Numbers: Lives of Women Mathematicians Plus Discovery Activities* Teri Perl  
*Women in Power: The Secrets of Leadership* Dorothy W. Cantor and Toni Bernay  
*Women Hall of Famers in Mathematics and Science series* (Grace Hopper, Virginia Apgar, Gertrude Elion, Mae Jemison, Sylvia Earle, Chien-Shiung Wu) Rosen Publishing  
*Women's Adventures in Science* (series) National Academy of Sciences  
*Women at the Edge of Discovery: 40 True Science Adventures* Kendall Haven  
*Women for Peace (Women Then-Women Now)* Marlene Targ Brill  
*Women of Hope* (Latinas, African Americans, Asian American) Bread and Roses Cultural Project  
*Young Women of Achievement: A Resource for Girls in Science, Math, and Technology* Frances Karnes and Kristen R. Stephens

## Self-Understanding

*Be True to Yourself* Amanda Ford and Shannon Berning

*Choices: A Teen Woman's Journal for Self-Awareness and Personal Planning* Bingham, et al.

*In Your Face: The Culture of Beauty and You* Shari Graydon

## **Grades 9-12**

### History

*A Seat at the Table: An Insider's Guide for America's New Women Leaders* Patricia Harrison

*American Women's History: A Student Companion* Matthews

*America's Daughters: 400 Years of American Women* Judith Head

*America's Women: 400 Years of Dolls, Drudges, Helpmates, and Heroines* Gail Collins

*Clio's Southern Sisters: Interviews with Leaders of the Southern Association for Women Historians*  
Constance B. Schulz

*Dames and Daughters of Colonial Days* Geraldine Brooks

*Different Voices: Women in United States History* Emily Teipe

*The Face Behind the Veil* Donna Gehrke-White

*Founding Mothers: The Women Who Raised Our Nation* Cokie Roberts

*Giants Wore White Gloves* (DVD)

*Great Jewish Women* Elinor Slater and Robert Slater

*The Hungry Heart: A Woman's Fast for Justice* Zoe Ann Nicholson

*Japanese American Women: Three Generations 1890-1990* Mei T. Nakano

*Lighting the Way: Nine Women Who Changed Modern America* Karenna Gore Schiff

*The Long Shadow of Little Rock* Daisy Bates

*Ninety-Nines, Inc.* (International Organization for Women Pilots) [www.ninety-nines.org](http://www.ninety-nines.org)

*Smithsonian Book of First Ladies: Their Lives, Times, and Issues* Mayo

*There's No Such Thing as Woman's Work* (DVD) Women's Bureau of the US Department of Labor

*Through Women's Eyes: An American History with Documents* Ellen Carol DuBois

*The Women Who Wrote the War* Nancy Caldwell Sorel

*Unequal Sisters: A Multicultural Reader in US Women's History* Vicki Ruiz

*Uppity Women of Ancient Times* Vicki Leon

*Uppity Women of Medieval Times* Vicki Leon

*Uppity Women of the New World* Vicki Leon

*Uppity Women of the Renaissance* Vicki Leon

*Uppity Women of Shakespearean Times* Vicki Leon

*Valiant Women of the Vietnam War* Zeinert

*Warriors Don't Cry* Melba Pattillo Beals

*Where the Action Was: Women War Correspondents in World War II* Penny Colman

*Women at Ground Zero: Stories of Courage and Compassion* Susan Hagen and Mary Carouba

*Women in American Life* (DVD series) from [www.nwhm.org](http://www.nwhm.org)

*Women Change America Gazettes Set* from [www.nwhm.org](http://www.nwhm.org)

*Women's Diaries of the Westward Journey* Schlissel

*Women's Letters: American from the Revolutionary War to Present* Lisa Grunwald and Stephen J. Adler

### Careers/Leadership (some of those listed in grades 5-8 are also appropriate)

*A to Z of American Women Leaders and Activists* Donna Hightower-Langston

*A to Z of American Women in the Performing Arts* Liz Sonneborn

*A to Z of American Women in the Visual Arts* Carol Kort

*A to Z of American Women Writers* Carol Kort

*Ada Project* (women in computing) <http://women.cs.cmu.edu/ada>

*Adventurous Women: Eight True Stories about Women Who Made a Difference* Penny Colman

*American Women Inventors* Carole Ann Camp

*Book of Latina Women: 150 Vidas of Passion, Strength, and Success* Sylvia Mendoza

*Change is Possible: Stories of Women and Minorities in Mathematics* Patricia Clark Kenschoft

*Changing the Face of Power: Women in the US Senate* Melina Mara et al.

*Closing the Leadership Gap: Why Women Can and Must Help Run the World* Marie Wilson

*Council of Women World Leaders* [www.womenworldleaders.org](http://www.womenworldleaders.org)  
*CRA Committee on Women in Computing Research* [www.cra.org/Activities/craw](http://www.cra.org/Activities/craw)  
*Enterprising Women* Virginia G. Drachman  
*Equal to the Occasion: Women Editors of the Nineteenth-Century West* Sherilyn Bennion  
*Feminine Ingenuity: How Women Inventors Changed America* Anne Macdonald  
*Firestarters: 100 Job Profiles to Inspire Young Women* Kelly Beatty  
*How Am I to be Heard? Letters of Lillian Smith*  
*How to Say It for Women: Communication with Confidence and Power Using the Language of Success*  
Phyllis Mindell  
*In Her Hands: Craftswomen Changing the World* Paola Gianturco, Toby Little, and Alice Walker  
*International Alliance for Women in Music* [www.iawm.org](http://www.iawm.org)  
*Latina Women of NASA* <http://oeop.larc.nasa.gov/hep/lwon>  
*Mothers and Daughters of Invention* Anne Macdonald  
*Nellie Bly: Daredevil, Reporter, Feminist* Brooke Kroeger  
*Nice Girls Don't Get the Corner Office: 101 Unconscious Mistakes Women Make that Sabotage Their Careers* Lois Frankel  
*Nice Girls Don't Get Rich: 75 Avoidable Mistakes Women Make with Money* Lois Frankel  
*On Our Own Terms: Portraits of Women Business Leaders* Liane Enkelis and Karen Olsen  
*Play Like a Man, Win Like a Woman* Gail Evans  
*Raising Her Voice: African-American Women Journalists Who Changed History* Roger Streitmatter  
*Seven Secrets of Successful Women* Donna Brooks and Lynn Brooks  
*She Does Math!: Real-Life Problems from Women on the Job* Mathematical Association of America  
*She Said What? Interviews with Women Newspaper Columnists* Maria Braden  
*Standing at the Crossroads: Next Steps for High-Achieving Women* Marian N. Ruderman  
*Telling Our Stories: Women in Science* Tom Snyder Productions  
*What I Hope to Leave Behind* Eleanor Roosevelt and Allida Black  
*Women and the Leadership Q: Revealing the Four Paths to Influence and Power* Shoya Zichy  
*Women in Aviation* [www.wai.org](http://www.wai.org)  
*Women in Mathematics* Lynn M. Osen  
*Women Invent: Two Centuries of Discoveries that Have Shaped Our World* Susan Casey  
*Women of Discovery: A Celebration of Women Who Explored the World* Milbry Polk and Mary Tiegreen  
*Women of NASA* <http://quest.nasa.gov/women/intro.html>  
*Women Potters* Moira Vincentelli  
*Worldwide Guide to Women in Leadership* [www.guide2womenleaders.com](http://www.guide2womenleaders.com)

#### Self-Understanding

*In Your Face: The Culture of Beauty and You* Shari Graydon  
*Mothers: Through the Eyes of Women Writers*