

ALL TRAILS 1/4 MILE EACH

CONCRETE TRAILS:

- Central Elementary
913 N. 24th Street
- Freshman Academy
821 East Pointer Trail
- King Elementary,
equipped with five fitness stations
411 N. 20th Street

ASPHALT TRAILS:

- Parkview Elementary
619 Parkview Avenue
- Tate Elementary
406 Catcher Road!

CHALLENGE YOURSELF

Add multiple campuses to your workout routine. Log 3.5 miles just by hitting the new trails at Central, King and Freshman Academy and walking the distance in-between each school!



For more information about the VBSD's Trails System, contact Drew Cone, VBSD Activities Administrator.



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vbsd.us



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VBSD TRAIL SYSTEM

BEYOND THE CLASSROOM

Helping students succeed extends beyond the classroom walls. VBSD, in its mission to create a culture of healthy living, is home to numerous trails and tracks, which encourage students and their families to get moving. These trails offer safe spaces for students and other residents to walk, jog, and exercise year-round. In 2018, VBSD significantly expanded its trails system, adding new walkways at the King and Central Elementary School campuses and at the Freshman Academy. These, along with existing trails at Parkview and Tate, provide a network of trails for schools and the community to utilize. King's trail also provides a unique experience with fitness stations, where people can perform upper and lower body strength and endurance



STUDENT WELLNESS

The trails system is an important component of the District's overall wellness plan, which focuses on student and staff health. Van Buren is designated as a Coordinated School Health (CSH) district by the Arkansas Department of Education. Trails help VBSD promote the importance of physical activity among its student, staff, and community - a key component of the CSH model.



CITY PARTNERSHIP

Installation of the new trails was made possible by a partnership with the City of Van Buren. Central, King and Freshman Academy trails were funded through a Joint Use Agreement (JUA) grant. The funds come from the Arkansas Department of Education (ADE) through Tobacco Excise Tax appropriations. Thank you to the City of Van Buren and ADE for their support of these projects!



LOOK FOR MORE FITNESS TRAILS TO BE ADDED IN THE FUTURE!

