

Minutes for the District Wellness Committee Meeting on March 7, 2018:

Meeting was called to order at 9:00a.m.

Welcome by Drew Cone and introduction of Joe Hurst and guests of the Arkansas Dept. of Health, Joni Padilla, Kim Boren and Michelle Hammer. They presented the committee with resources to become a healthier district and community such as walkability, wellness grants, education on opioid epidemic, and Healthy Active Arkansas programs.

Roy Kendrick, Child Nutrition Director, provided March menus and informed the committee of the following:

- VBSD is celebrating National Breakfast Week this week, they had JROTC cadets serve breakfast at some of the schools.
- Healthy taste tests of month are being conducted in cafeterias in conjunction with FoodCorps (February-spinach, March-butternut squash).
- He is writing grants for fruit and veggie bars at Butterfield, City Heights and Izard.
- Working on the summer feeding plan with DHS.
- We have purchased a food truck, which is in the process of being designed and we should receive it in May.

Jenks Smith made a motion to approve menus; Angie Blake seconded the motion, menus approved.

Delaney Farris and Mary Grace Stoneking, FoodCorps Service Members, reported about FoodCorps progress in its second year of existence at King and Tate Elementary and first semester at Rena and Parkview.

- Plan to start a summer camp for students in gardens.
- Nutrition lessons are being taught weekly by Mary Grace and Delaney.
- Rena garden beds were constructed in January through the help of 30 volunteers and beds being donated by Bayyari Elem. School in Springdale and Lowes.
- VBSD hosted a Farm to School tour for local school district reps.

Rachel Bond, nurse at Tate Elementary, reported that it has been a horrible flu season, Tate alone has many more flu cases than last year. The nurses have gone to each school to inform and train staff on CPR, First Aid and Stop the Bleed techniques. They trained nearly 90% of VBSD staff, which allowed for us to receive a Stop the Bleed kit at each school.

Drew Cone discussed the joint use agreement grant applications for the 2018-19 year.

Joe Hurst, with the community, informed the committee about Mark Fenton, a consultant for communities to build healthier, more active cities, will be visiting on April 17-20. He will have a conference on April 20 at the King Opera House.

Drew Cone, informed the committee about school health index reports and what the State requires.

Meeting adjourned at 10:00.

Next meeting is Wednesday, May 2