

## Minutes for the District Wellness Committee Meeting on May 2, 2018:

Meeting was called to order at 9:00a.m.

Welcome by Drew Cone and introduction of Miranda Curbow, Community Health Nurse Specialist, at the Guy Fenter Coop. Mrs. Curbow provided a PD listing of workshops at the Coop. She is willing to help us with any initiatives in our district, educating our staff and/or students with any health topics, and provide resources for our committee.

Roy Kendrick, Child Nutrition Director, provided May menus and informed the committee of the following:

- Working on the summer feeding plan with DHS.
- Plans to receive the Food Truck around mid-May
- The truck will used to build interest for students eating at school; used at different schools as an option for lunch; used for special events in the district and community.

Jenks Smith made a motion to approve menus; Theresa Bell seconded the motion, menus approved.

Delaney Farris and Mary Grace Stoneking, FoodCorps Service Members, reported about FoodCorps programs and events going on at King and Tate Elementary and at Rena and Parkview.

- Plan to start a summer camp for students in gardens.
- Nutrition lessons are being taught weekly by Mary Grace and Delaney.
- Successful family cook night at Tate, where families enjoyed healthy foods and dinner etiquette.
- Volunteer day at Tate, where Cross Point Church built benches, planted fruit trees, and built garden beds.
- Rena sprout scouts have been tending gardens and planting veggies. They are having a Garden picnic this Saturday, May 5 from 11-1.
- Parkview received a Green house and a parent built a chicken house. Parkview now has chickens.

Rachel Bond, nurse at Tate Elementary, displayed the new Stop the Bleed kits that each school received. She shared that Tara Dorrough will be the Head Nurse next year and we are hiring 3 new nurses. Nurses are working on vaccinations and immunization requirements for the coming school year.

Angie Blake, PE teacher at Rena, reported about the activities happening in elementary PE. This month they have been doing lessons on track and field, softball, kickball, tennis and archery. The elem. schools had their district-wide Pacer Test last week at Citizens Bank Stadium. Schools are

gearing up for 4<sup>th</sup> grade camp. PE teachers will have the opportunity to receive PD from USTA on May 24 to learn tennis lessons, plus receive a \$1,000 worth of equipment.

Michael Brammer, with the community, informed the committee about the Mark Fenton visit, a consultant for communities to build healthier, more active cities. We showed a slide show of the possibilities in Van Buren that Mark put together during his visit that was shared with regional community leaders. The slide show displayed successful changes in other communities to make their area more physically suitable and welcome exercise. Some of the things discussed were:

- Walk to school day
- Ride your bike to school day
- Cross walks at schools for safer walking
- Central does do an early release for walkers
- Changing roads from 4 lanes to 3 allowing for bike lanes, specifically Hwy. 64
- Identifiable sidewalks in front of businesses
- Roundabout where 64 and Broadway meet in front of First Baptist Church

Drew Cone concluded the meeting.

Meeting adjourned at 10:00.

A schedule will be set for the 2018-19 school year.