

Minutes for the District Wellness Committee Meeting on October 10, 2018:

Meeting was called to order at 9:00a.m.

Welcome by Brian Summerhill

All members introduced themselves

Courtney Becton, with American Heart Association, presented their mission, the whole child, and this year's theme "Heart Heroes." She discussed U.S. games and financial rewards, the American Heart Challenge and a District Heart Challenge

Roy Kendrick, Child Nutrition Director, provided October menus and informed the committee of the following:

- VBSD is celebrating National Lunch Week is Oct. 15-19, Principals are encouraged to serve lunches on Monday and Tuesday.
- Fruit and salad bars have been added at elementary schools.
- Breakfast for all students is free this year

Jennifer Feeny made a motion to approve menus; Becky Goerig seconded the motion, menus approved.

Shannon Newerth, FoodCorps Service Member at Tate and King, reported about FoodCorps progress.

- Parkview is working on a tool shed from a grant from Lowes. They will be hosting an outdoor movie on Oct. 18.
- Central won the 2018 Arkansas Grown Start-Up Garden of the Year

Rachel Bond, nurse at Butterfield, reported that 58 staff members became CPR certified. Nurses are preparing for flu-clinic and conducting vision/hearing/BMI tests.

Leslie Wagner, PE teacher at Tate, reported about SPARK progression at her school. She showed videos of various SPARK activities that happen during class.

Joe Hurst, Van Buren City Planner, discussed the Colley Park trail progression in our community. It is a 55-acre trail system. He also reported plans to revamp the Farmers Market and a cross country track.

Brian Summerhill shared that October is Anti-Bullying Month and a curriculum was developed for K-12 Bullying Prevention.

Meeting adjourned at 10:00a.m..

Next meeting is Wednesday, December 12