

## Minutes for the District Wellness Committee Meeting on February 20, 2019:

Meeting was called to order at 9:00a.m.

Welcome by Drew Cone

Nurse Rachel Bond reported about the new CPR manikins. AHA requires manikins that give feedback during CPR. Nurse Bond demonstrated how they work and the committee each had a turn to use the manikins.

Also, she reported the nurses at each school will give training to each staff member sometime till the end of the school year on CPR and Stop the Bleed.

Roy Kendrick, Child Nutrition Director, provided March menus and informed the committee of the following:

- VBSD has seen an increase of over 6,000 a month in student eating school breakfast and lunch.
- State specialist provided an audit of our Child Nutrition, where he checked regulations, free/reduced numbers, meals, kitchen organization and procedures, correct wellness committee members, etc.
- We are reapplying for fresh fruit and veggie bar grants.
- In the process of organizing the summer feeding program through DHS.

Jenks Smith made a motion to approve menus; Aimee McCabe seconded the motion, menus approved.

Delaney Farris, FoodCorps Service Member at Parkview and Central, and Shannon Newerth, at King and Tate, reported about FoodCorps progress.

- Family cook night at Tate on March 26 and April 4 at King.
- A Garden movie night and a garden dance are being planned at Parkview.
- Parkview started a running club during recess time.
- Parkview will have local lettuce served during April.

Miranda Curbow, with the Guy Fenter Coop, reported about the Be Well Arkansas program to help people improve their health and well-being. School Health Index reports are due by May 1.

Michael Brammer, parent and Van Buren Parks and Recreation committee member, reported about the progress of the Chad Colley Park, which is a 55 acre trail system. Pictures were shown of the progress.

Drew Cone reported about the Elementary Track and Field Day that will occur this April and May. Each elementary school will have a day to come to the new track for a competition day in

running and field events. The top three boys and girls in each event will come back for a Meet of Champs on May 28.

Meeting adjourned at 10:00a.m..

Next meeting is Wednesday, May 1.