

Minutes for the District Wellness Committee Meeting on May 7, 2019:

Meeting was called to order at 9:00a.m.

Welcome by Drew Cone

Introduction of Brinn Brammer, junior at VBHS and Miss Gateway to the Ozarks. Brinn spoke on Concussion Awareness as her platform for the Miss Outstanding Teen Arkansas.

Nurse Rachel Bond reported about that of the 5,815 student in VBSD, 2,206 students have a medical diagnosis. 2,752 students received a vision and hearing screening. 16 students received a free exam and glasses from the Burlsworth Foundation. 2,648 students were had their BMI screening. 530 students screened for scoliosis and 1,481 flu vaccinations given.

The nurses follow 3,991 student immunizations

Also, she reported every staff member in the district has done CPR and Stop the Bleed demo class.

On behalf of Roy Kendrick, Child Nutrition Director, Drew Cone provided May menus and informed the committee of the following:

- VBSD has seen an increase of over 6,000 a month in student eating school breakfast and lunch.
- The VBHS cafeteria is finally under renovation and should be completed this summer.
- The Big Dog Food Truck has been serving at the VBHS.

Jenks Smith made a motion to approve menus; Becky Goerig seconded the motion, menus approved.

Shannon Newerth, FoodCorps Service Member at King and Tate, reported about FoodCorps progress.

- Family cook nights at Tate and King.
- Had their last sprout scout meetings after school.
- Local farm to school strawberries were served at King
- Parkview had local lettuce served during April and a Farmers Market at the school where they sold all of their produce.

This is Shannon and Delaney's last year with us. We appreciate them and their contributions to our students, staff, parents and community!

Mayor Joe Hurst reported about the progress of the Chad Colley Park, which is a 55 acre trail system and plans for completion at the end of summer. Plans for a sidewalk along the north side of Pointer Trail to be under construction this summer. Discussion of a bike and pedestrian trail

plan in our community. ½ cent tax roll off this year to put toward a possible Community Center or other recreational facilities.

Drew Cone reported about the JUA grant at City Heights and thanked the Mayor and City for their partnership. Other projects include Butterfield fitness park, Rena trail, Tate renovation of trail and addition of fitness stations. Also, VBSD in partnership with the City and Boys and Girls Club received four more grants totaling \$106k to add fitness stations at Central and Freshman Academy, new gym floor at BGC, and a ropes fitness course on the property next to Admin building for the VBHS and JROTC program.

Elementary Track and Field Day are in progress. Each elementary school will have a day to come to the new track for a competition day in running and field events. The top three boys and girls in each event will come back for a Meet of Champs on May 28.

Joni Padilla shared about ArCOP's learning labs are online Webinars providing training and education on certain topics. Visit <https://arkansasobesity.org/initiatives/training-opportunities/2019-training.html>

Meeting adjourned at 10:00a.m.