Central Elementary School



Student Services Plan

Updated July 2019
Central Elementary Student Services Program

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Introduction

Guidance Services

RESPONSE TO ARKANSAS SCHOOL LAWS ANNOTATED CODES 6-18-1001 THRU 6-18-1009

CENTRAL ELEMENTARY Student Services Program

The development of this student services plan reflects input from parents, teachers, principal and other agencies. It is derived from needs of the school community and service requirements specified by the Arkansas Department of Education.

Central Elementary School has developed and implemented a plan which ensures that individual student services are coordinated using different techniques to make maximum use of the contribution of each service. The plan reflects the use of alternative methods of classroom management, which include but are not limited to the following:

- 1. Behavior contracting
- 2. Dispute resolution
- 3. Classroom meetings
- 4. Logical consequences
- 5. Assertive discipline

Identified alternative student services personnel who do not meet traditional graduate requirements shall be limited to performing those services for which they are licensed, certified, or trained. This may include paraprofessionals, teachers, parents and representatives of business and industry.

A "student services program" is defined as a coordinated effort which shall include, but is not limited to:

I. Guidance services

- A. Individual and group counseling is available to all students on a referral basis. The students may be referred by parents, teachers, principal, or may refer themselves.
- B. Orientation programs for new students and for transferring students; We do not have a formal "exit interview" with elementary students. If we know the child is leaving our school, we always wish them happiness and success in their new school.
- C. At the elementary level, all the scheduling is done by the principal.
- D. Consultation with parents, faculty and out-of-school agencies concerning student problems and needs
 - 1. Time is allotted in the counselor's schedule specifically for consultation with parents, teachers and other agencies.
- E. Utilization of student records and files
 - 1. Standardized test scores are available for teachers to integrate with other factors in determining student grouping for optimum learning.
 - 2. Standardized test scores are used in conjunction with other factors to determine placement in the Gifted and Talented Program.
 - 3. Student records and files are used to alert teachers and other school personnel to medical conditions of students.
 - 4. Student records and files are used to inform teachers and other school personnel of legal guardianship and access to student mandates.
- F. Supervision of standardized testing and interpretation of results
 - 1. The counselor is the school test coordinator and as such supervises all standardized testing and Special Services testing.

- G. The follow-up of early school dropouts and graduates does not apply to the elementary level except with preventative measures related to the enhancement of self-esteem and drug awareness, etc.
- H. A school initiated system of parent involvement
 - 1. Parent Teacher Association membership drives
 - 2. School Volunteer Program in which parents volunteer time to help at school as aides in some area that helps the school function and involves parents
 - 3. Room mothers are used by the teacher to facilitate special activities or field trips for students in that room.
 - 4. Parents and grandparents are encouraged to eat lunch here at school with their child.
 - 5. A Parent Involvement Coordinator has been assigned to facilitate parent involvement.
 - 6. Parent Literacy and Math Nights offered twice a year provide parents an opportunity to see and learn how the school is teaching literacy/math.
- I. An organizational system of informational resources on which to base educational and vocational decision making
 - 1. Career awareness units are taught by the counselor and the classroom teachers.
 - 2. Visits to the school by the local community helpers such as the police, fire department, dentist, etc.
 - 3. Utilization of materials available in our school library
 - 4. Fifth grade students attend a district-wide Career Fair.
- J. At the elementary level, educational and job placement, including advising students on the availability of vocational and alternative programs that could provide successful high school completing opportunities for students at risk of dropping out of school is addressed in a preventative manner.
 - 1. At-risk student identification
 - 2. Positive self concept programs and self-esteem guidance lessons
- II. Psychological services, which shall include but not be limited to the following:
 - A. Evaluation of students with learning or adjustment problems
 - 1. Observation of students in the classroom
 - 2. Behavior specialists are available from the educational cooperative
 - 3. Individual counseling with students and/or parents of students who are being referred for special services
 - 4. The school district provides an in-school program through the Izard Center for Learning.
 - B. Evaluation of students in exceptional-child education programs
 - 1. Counselor conducts required observation for Special Education referral
 - 2. Testing is conducted by an independent psychological examiner employed by the Van Buren School District
 - 3. Gifted and Talented program coordinator tests and evaluates data for placement in program
 - 4. An English Learner program is provided for identified students.
 - C. The counselor holds conferences with parents and school personnel regarding Psychological testing, placement options, and adjustments to the program.

- D. A system for the early identification of learning potential and factors which affect the child's educational performance
 - 1. Special Education referral system
 - 2. Testing and evaluation for Gifted and Talented
 - 3. Special Education speech screening
 - 4. Testing for English Learners
 - 5. School nurse conducts yearly vision and hearing screenings
 - 6. The computer lab provides a network curriculum that offers an individualized program designed to increase mastery in all subject areas.
- E. A system of liaison and referrals with resources are available outside the school. Counselors and Special Education personnel consult and make referrals to the following agencies:
 - 1. Comprehensive Juvenile Services
 - 2. Counseling Service Providers: Western Arkansas Counseling and Guidance and BOST Cares.
 - 3. The Izard Center for Learning (alternative Kindergarten 12th grade schooling)
 - 4. Department of Human Services
 - 5. Police and Sheriff's Department on staff resource officer
 - 6. Harbor House and other private helping agencies
- F. The school district has written policies which follow federal, state and local guidelines which assure ethical procedures in psychological activities.
- III. Visiting teacher and school social work services which shall include but not be limited to:
 - A. Providing casework to assist in the prevention and remediation of problems of attendance, behavior adjustment, and learning
 - 1. Classroom teachers and counselors work with the Indirect Services Provider in conjunction with the Special Education Department.
 - 2. Comprehensive Juvenile Services works with the school in filing Family In Need Of Services petitions for the purpose of dealing with absenteeism.
 - B. Serving as liaison between the home and school by making home visits and referring students and parents to appropriate school and community agencies for assistance
 - 1. Department of Human Services—Child and Family Services Division
 - 2. Comprehensive Juvenile Services works with the school in filing petitions for Family In Needs Of Services.
- IV. Occupational and placement services, which shall include but are not limited to the dissemination of career education information, placement services, and follow-up studies are not appropriate at the elementary level.
- V. Group conflict resolution services
 - A. Educational and social programs which help students develop skills which enable them to resolve conflicts between groups
 - 1. Classroom guidance lessons regarding these issues
 - 2. Small group counseling with conflict resolution
 - 3. Individual counseling

- B. Programs designed to promote understanding, positive communication, and a greater use of a race relations specialist or human relations specialist to assist in the development of inter-group skills
 - 1. The school counselor serves the school as a race relations specialist and works in the areas of human relations with the students in classroom guidance and with others as need arises.
 - Classroom lessons are conducted by the counselor on all grade levels to promote understanding and acceptance of self and others.
 - 3. Core Knowledge
 - 4. Character Education Program
- C. Anti-Bullying

Van Buren School District has an obligation to and is committed to providing a safe learning environment for each of its students. Student achievement is best attained in an atmosphere that is free from the fear of emotional and physical intimidations and threats. Bullying is a destructive behavior that will erode the foundational principles on which a school is built. This school will not tolerate any behavior that is classified under the definition of bullying and will take steps needed to eliminate such behavior.

Believing that prevention is the strongest means available in eliminating bullying, this school will offer programs or educational material regarding the nature of bullying, it's consequences should a child choose to engage in this type of behavior, and the procedures for reporting an incident which involves bullying. The information will emphasize that this district will not tolerate bullying, and that school employees, volunteers, and students are encouraged to report any instances of bullying without fear of consequences. Any reports will take into account the age of the offending student, the level of seriousness of the behavior, and whether or not the offending student has developed a habit of engaging in bullying behavior. Appropriate measures will be taken in dealing with such students.

It will be considered a violation of this policy for any student to inflict bullying behavior upon another student(s) as defined in this policy. After completing an investigation of the reported incident, a student who was found to have participated in bullying behavior will be subject to disciplinary action that is appropriate to the degree of seriousness of the bullying behavior.

For the purposes of this policy, bullying is defined as any written or verbal expression or physical act or gesture, or a pattern there of, that is intended to cause distress or fear upon one or more students. A student will be found violating this policy if their conduct has been found to have the effect of humiliation or embarrassment on a student, and is sufficiently severe, persistent, or pervasive that it limits the student's ability to participate in, or benefit from, an educational program or activity.

Bullying behavior will generally be established when an individual has endured a pattern of offensive behavior or when a single serious act is committed. What is or isn't bullying will depend on the surrounding circumstances.

Students who believe they have been victimized by a bully or parents who believe their child has been victimized by a bully, should file a complaint by contacting a school counselor,

teacher, principal, or superintendent who will assist in getting help for the child and take the appropriate steps to ensure that such behavior is stopped. To the extent possible, complaints will be treated in a confidential manner. Limited disclosure may be necessary in order to complete a thorough investigation. Students, parents, or teachers who file a complaint against a student who is guilty of being a bully, will not be subject to retaliation or reprisal in any form.

Students or adults, who knowingly fabricate allegations and falsely accuse a student of being a bully, will be subject to disciplinary action. In addition, individuals who withhold information, purposely provide inaccurate facts, or otherwise hinder an investigation of a student for the purposes of bullying, shall be subject to disciplinary action.

- VI. The school nurse provides health services to the school
 - A. A vision and hearing screening is conducted by the nurse.
 - B. The nurse is always on call to respond to any emergency situation.
- VII. School suicide/ crisis team
 - A. The distribution of suicide-prevention materials are developed and distributed by the Lieutenant Governor's Teenage Suicide Prevention Task Force.
 - B. Suicide is not addressed at the elementary level, however, individual students are referred to the counselor as a teacher or other school personnel feel the child is experiencing suicidal ideology.
 - C. The school has a crisis team
- VIII. School counselors shall spend at least seventy five percent (75%) of work time providing direct counseling related to students. They shall devote no more than twenty five percent (25%) of work time to administrative activities, provided that such activities relate to the provision of guidance services.
- IX. Preparing for Terrorism- We used to think of schools as safe havens. Then we began to worry about strangers or estranged family members who might come to schools to look for children. Next we began to worry about violence from students in our schools, especially after the 1999 Columbine High School shootings in Colorado. School districts throughout the nation responded with heightened safety procedures -- procedures that were put into use during the September 11, 2001 terrorist attacks on Americans. Then came multiple school shooting across the United States.

Central has a current crisis planning policy to address terrorism.

1. Staff Expectations

Teachers and support staff are trained on updated procedures. Practice Lock-down. Adult supervision is provided inside and outside the school before, after, and during school.

2. Facilities Management

Measures to take include: Clearly defining the perimeter with fences, gates, signage, etc.

Using security technology for monitoring purposes, including in parking areas and areas around the school. Central has security cameras installed in and around campus to help monitor the grounds. The Student Resource Officer can view the cameras at anytime.

XI. Development of Institution-specific pandemic influenza preparedness & response.

The development of this document is based on the following assumptions:

- A. In the event of an influenza pandemic the State will have minimal resources available for on-site local assistance, and therefore local authorities and institutions will be responsible for community-specific pandemic response plans, including the modification of this document so that it is institution-specific.
- B. Local communities may have emergency preparedness plans and/or pandemic influenza plans in place. Local community leaders and institutions will communicate so that each is aware of the others' plans.
- C. The federal government has limited resources allocated for State and local plan implementation, and therefore the State will provide supplementary resources in the event of a pandemic, which may include the redirection of personnel and monetary resources from other programs.
- D. The federal government has assumed the responsibility for developing materials and guidelines, including basic communication materials for the general public on influenza, influenza vaccine, antiviral agents, and other relevant topics in various languages; information and guidelines for health care providers; and training modules. Until these materials are developed, the State has the responsibility to develop such materials for its citizens.
- E. The supply of antiviral medications used for prevention and treatment of influenza will be limited.

World Health Organization (WHO) Phases

The pandemic phases described in this document are those that have been established by the World Health Organization. The most recent publication of the phases is summarized in *Table 1* below. The State's response to a pandemic will be guided by the WHO phase declaration (see *State of New Hampshire Influenza Pandemic Public Health Preparedness and Response Plan* [currently in draft form and available at http://www.dhhs.state.nh.us/DHHS/CDCS/flu-provider.htm]). This response will include specific considerations during each phase of the pandemic regarding surveillance, vaccine delivery, administration of antivirals, and communications. In addition, there must be actions taken on the local level in each phase, particularly with respect to community-based containment measures. This plan for educational institutions provides recommendations for activities in response to WHO phases and also notes the corresponding alert matrix system being used in the hospital-developed Epidemic Respiratory Infection (ERI) plan.

It should be noted that at the time this services plan was originally drafted (January 2006), we were in WHO Phase.

Table 1. WHO Pandemic Phases

WHO PANDEMIC PHASES

Interpandemic period

Phase 1. No new influenza virus subtypes have been detected in humans. An influenza virus subtype that has caused human infection may be present in animals. If present in animals, the risk^a of human infection or disease is considered to be low.

Phase 2. No new influenza virus subtypes have been detected in humans. However, a circulating animal influenza virus subtype poses a substantial risk^a of human disease.

Pandemic alert period

Phase 3. Human infection(s) with a new subtype, but no human-to-human spread, or at most rare instances of spread to a close contact.

Phase 4. Small cluster(s) with limited human- to-human transmission but spread is highly localized, suggesting that the virus is not well adapted to humans.^b

Phase 5. Larger cluster(s) but human-to- human spread still localized, suggesting the virus is becoming increasingly better adapted to humans, but may not yet be fully transmissible (substantial pandemic risk).^b

Pandemic period

Phase 6. Pandemic phase: increased and sustained transmission in general population.b

XII. ADE recommendations for documenting the three school counseling domains by indicating specific activities

Establish Academic Goals - Section 2. 6-18-1005 (a) (1) (C)

Domain: ACADEMIC DEVELOPMENT

Standard A: Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life-span.

Goal: A1. Improve Academic Self-concept

Indicators: Articulate feelings of competence and confidence as learners; display a positive interest in learning; take pride in work and achievement; accept mistakes as essential to the learning process; and identify attitudes and behaviors that lead to successful learning.

Goal: A2. Acquire Skills for Improving Learning

Indicators: Apply time-management and task-management skills; demonstrate how effort and persistence positively affect learning; use communications skills to know when and how to ask for help when needed; apply knowledge and learning styles to positively influence school performance.

Goal: A3. Achieve School Success

Indicators: Take responsibility for their actions; demonstrate the ability to work independently, as well as the ability to work cooperatively with other students; develop a broad range of interests and abilities; demonstrate dependability, productivity and initiative; share knowledge.

Standard B: Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary options, including college.

Goal: B1. Improve Learning

Indicators: Demonstrate the motivation to achieve individual potential; learn and apply critical-thinking skills; apply the study skills necessary for academic success at each level; seek information and support from faculty, staff, family and peers; organize and apply academic information from a variety of sources; use knowledge of learning styles to positively influence school performance; become a self-directed and independent learner.

Goal: B2. Plan to Achieve Goals

Indicators: Establish challenging academic goals in elementary, middle/junior high and high school; use assessment results in educational planning; develop and implement annual plan of study to maximize academic ability and achievement; apply knowledge of aptitudes and interests to goal setting; use problem-solving and decision-making skills to assess progress toward educational goals; understand the relationship between classroom performance and success in school; identify post-secondary options consistent with interests, achievement, aptitude and abilities.

Standard C: Students will understand the relationship of academics to the world of work and to life at home and in the community.

Goal: C1. Relate School to Life Experiences

Indicators: Demonstrate the ability to balance school, studies, extracurricular activities, leisure time and family life; seek co-curricular and community experiences to enhance the school experience; understand the relationship between learning and work; demonstrate an understanding of the value of lifelong learning as essential to seeking, obtaining and maintaining life goals; understand that school success is the preparation to make the transition from student to community member; understand how school success and academic achievement enhance future career and vocational opportunities.

Domain: CAREER DEVELOPMENT

Standard A: Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.

Goal: A1. Develop Career Awareness

Indicators: Develop skills to locate, evaluate and interpret career information; learn about the variety of traditional and nontraditional occupations; develop an awareness of personal abilities, skills, interests and motivations; learn how to interact and work cooperatively in teams; learn to make decisions; learn how to set goals; understand the importance of planning; pursue and develop competency in areas of interest; develop hobbies and vocational interests; balance between work and leisure time.

Goal: A2. Develop Employment Readiness

Indicators: Acquire employability skills such as working on a team, problem-solving and organizational skills; apply job readiness skills to seek employment opportunities; demonstrate knowledge about the changing workplace; learn about the rights and

responsibilities of employers and employees; learn to respect individual uniqueness in the workplace; learn how to write a resume; develop a positive attitude toward work and learning; understand the importance of responsibility, dependability, punctuality, integrity and effort in the workplace; utilize time and task management skills.

Standard B: Students will employ strategies to achieve future career goals with success and satisfaction.

Goal: B1. Acquire Career Information

Indicators: Apply decision-making skills to career planning, course selection and career transition; identify personal skills, interests and abilities and relate them to current career choice; demonstrate knowledge of the career-planning process; know the various ways in which occupations can be classified; use research and information resources to obtain career information; learn to use the Internet to access career-planning information; describe traditional and nontraditional career choices and how they relate to career choice; understand how changing economic and societal needs; influence employment trends and future training.

Goal: B2. Identify Career Goals

Indicators: Demonstrate awareness of the education and training needed to achieve career goals; assess and modify their educational plan to support career; use employability and job readiness skills in internship, mentoring, shadowing and/or other work experience; select coursework that is related to career interests; maintain a career-planning portfolio.

Standard C: Students will understand the relationship between personal qualities, education, training and the world of work.

Goal: C1. Acquire Knowledge to Achieve Career Goals

Indicators: Understand the relationship between educational achievement and career success; explain how work can help to achieve personal success and satisfaction; identify personal preferences and interests influencing career choice and success; understand that the changing workplace requires lifelong learning and acquiring new skills; describe the effect of work on lifestyle; understand the importance of equity and access in career choice; understand that work is an important and satisfying means of personal expression.

Goal: C2. Apply Skills to Achieve Career Goals

Indicators: Demonstrate how interests, abilities and achievement relate to achieving personal, social, educational and career goals; learn how to use conflict management skills with peers and adults; learn to work cooperatively with others as a team member; apply academic and employment readiness skills in work-based learning situations such as internships, shadowing and/or mentoring experiences.

Domain: PERSONAL/SOCIAL

Standard A: Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.

Goal: A1. Acquire Self-knowledge

Indicators: Develop positive attitudes toward self as a unique and worthy person; identify values, attitudes and beliefs; learn the goal-setting process; understand change is a part of growth; identify and express feelings; distinguish between appropriate and inappropriate behavior; recognize personal boundaries, rights and privacy needs; understand the need for self-control and how to practice it; demonstrate cooperative behavior in groups; identify personal strengths and assets; identify and discuss changing personal and social roles; identify and recognize changing family roles.

Goal: A2. Acquire Interpersonal Skills

Indicators: Recognize that everyone has rights and responsibilities; respect alternative points of view; recognize, accept, respect and appreciate individual differences; recognize, accept and appreciate ethnic and cultural diversity; recognize and respect differences in various family configurations; use effective communications skills; know that communication involves speaking, listening and nonverbal behavior; learn how to make and keep friends.

Standard B: Students will make decisions, set goals and take necessary action to achieve goals.

Goal: B1. Self-knowledge Application

Indicators: Use a decision-making and problem-solving model; understand consequences of decisions and choices; identify alternative solutions to a problem; develop effective coping skills for dealing with problems; demonstrate when, where and how to seek help for solving problems and making decisions; know how to apply conflict resolution skills; demonstrate a respect and appreciation for individual and cultural differences; know when peer pressure is influencing a decision; identify long and short-term goals; identify alternative ways of achieving goals; use persistence and perseverance in acquiring knowledge and skills; develop an action plan to set and achieve realistic goals.

Standard C: Students will understand safety and survival skills.

Goal: C1. Acquire Personal Safety Skills

Indicators: Demonstrate knowledge of personal information (i.e., telephone number, home address, emergency contact); learn about the relationship between rules, laws, safety and the protection of rights of the individual; learn about the differences between appropriate and inappropriate physical contact; demonstrate the ability to set boundaries, rights and personal privacy; differentiate between situations requiring peer support and situations requiring adult professional help; identify resource people in the school and community, and know how to seek their help; apply effective problemsolving and decision-making skills to make safe and healthy choices; learn about the emotional and physical dangers of substance use and abuse; learn how to cope with

peer pressure; lea managing life eve	ırn techniques for nts.	managing stres	ss and conflict;	learn coping	skills for

Central's Child Abuse Hotline Report Form

HOTLINE # 1-800-482-5964

Central Elementary School 913 North 24th Street Phone # 479-474-7059 Fax # 479-471-3159 Van Buren School District No. 42 Van Buren, Arkansas 72956

Race: County: Siblings:	
Suspected Child Abuse and Referral Re	eport:
Child's Name:	SSN:
Age: DOB: Se	ex: Grade:
Name of Parent or Guardian:	
Address:	
Telephone:	
Type of Abuse: (please check)	
Burns	Neglect
Bruises	Sexual Abuse
Fractures Abandonment	
nots or swelling Malnutrition	
Lacerations I	Orug Abuse
Other	
Description of above:	

Statement of time, place, and conditions prompting report:			
Child's account of injury or situation:			
Other pertinent information (e.g. relevant heal situation, etc.)	Ith information, knowledge of family		
Person making report: Signature:	_ Date:		
School Principal notified:(only if notification was made)	Date:		
Agency referred to:			
Agency Name:			
Person to whom report was made:			
Time of Day:	Date:		
Agency follow-through:	Date:		

Central Elementary School Counseling Groups & Clubs

The Counseling and Guidance program at Central Elementary offers many groups for our Kindergarten through 5th Grade Students.

- (1) K-Kids: A group of children whose focus is service projects. Children are in Third thru Fifth Grade. They are sponsored by the Kiwanis of Van Buren.
- (2) Ambassadors: Fifth Grade students who are developing leadership skills by meeting once or twice a month with the counselor to talk about qualities of a leader and to help in school community service projects.
- (3) G.U.Y.S.: Small groups of Fourth or Fifth grade boys who meet once a week with the counselors to discuss *Guys Understand Your Self* positive self-concept and how it impacts our social and academic development. Group last 4-6 weeks.
- (4) G.I.R.L.S.: Small groups of girls who meet once a week with the counselors to discuss *Girls In Real Life Situations* discuss positive self-concept, friendships, and communication skills. Group last 4-6 weeks.
- (5) I Can Do It: Small group of students who meet once a week with the counselor to practice listening and self-control skills necessary for success in the classroom. Group last 4-6 weeks.
- (6) Behavior Plan Groups: Small group of students who meet every Monday to review their behavior plan and to set goals/rewards for the upcoming week. Behavior plans are maintained thru the week by the classroom teacher; reviewed, discussed, and celebrated by both the teacher and counselor weekly; counselor communicates weekly with the student's parent concerning the behavior.

*In all groups, students get together and help each other cope and deal with their problems.

Central's Counseling Referral Form

Central Elementary	
Teacher:	Grade: K 1 2 3 4 5
Student Referred:	
Request by:classroom teacherr	parentstudentother
Reasons for referral:	
Lack of acceptable social skills	
Disruptive behavior in/out of classroom	om
Lack of self-control	Priority
Lack of anger management skills	Emergency
Shy	ASAP
Refuses to work/participate in group	S Before this Date
Family Issues	
Death in family Cries often	
Lack of respect to authority	
Other:	
	-
Areas of Concern:	
Academic Success	
Homework	
School Adjustment	
Social Skills	
Self-esteem	
Personal Safety	
Safety of Others	
Safety at Home	
Action Requested:	
Individual Counseling	Evaluation/Screening
Group Counseling	Consult with Teacher
Observation in Classroom	Consult with Parent
	
Have you discussed this with the parent/gua	ardian? Y or N
Please add any comments that will help m	e understand the child or situation
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RESPONSE TO ARKANSAS SCHOOL LAWS

ANNOTATED CODES 6-18-1001 THRU 6-18-1009