

Minutes for the District Wellness Committee Meeting on April 14, 2020:

Via Zoom the meeting was called to order at 9:00a.m.

Welcome by Wellness Chair Drew Cone

Nurse Rachel Bond and Tara Durrough reported:

- Nurses were able to complete all BMI and scoliosis testing before school was let out due to COVID-19.
- Nurses have stayed in contact with students and posted videos to inform students and families how to stay healthy during this time.
- Nurses are also communicating with teachers needed info. to students
- Most medications have been returned to families

Miranda Curbow, Health Nurse Specialist at Guy Fenter Coop. reported:

- VBSD is in good standing with nurses reporting requirements.
- We may accept Kindergarten registration physicals within two years but students need a physical as soon as possible.

Roy Kendrick, Child Nutrition Director reported:

- Breakfast and lunch meals are being served Mon.-Fri. from 10:00-12:00 at Tate and Central Elementary and Northridge Middle School.
- The meals are for all VBSD students 18 and younger and free of charge.
- Needing donations of brown sacks and plastic bags.
- With school being out reimbursement for school meals has taking a drastic decline from approx. \$240k a month to \$30k.
- No menus to approve.

Marissa Dull and Stephannie Baldwin, FoodCorps reported:

- Gardens are being seeded and pollinators planted.
- Plan to provide veggies from the garden to families picking up lunches once harvested.
- Providing online lessons and recipes to teachers and families.
- Volunteering at local food pantries.

Joni Padilla, Arkansas Dept. of Health reported:

- Several grant opportunities through Arkansas Hunger Relief, Blue and You
- Food bank volunteers info for Food Corp member. <https://www.feedingamerica.org/take-action>. *May also contact local i.e. Crawford County food pantries to volunteer too.
- USDA COVID-19 Federal Resource Guide-document attached. *There may be some funding resources for your nutrition program.
- Baylor Emergency Meals-document attached. *This an alternate feeding program for delivering meals to rural students.

- United Way of Greater Fort Smith
 - COVID-19- <https://unitedwayfortsmith.org/covid-19-updates/>.
 - 211- <https://arkansas211.org/>.
- Mental Health Services Flyer-documents attached in previous email
- Hamilton House- Hamilton House Child & Safety Center · 2713 S 74th St, Ste 103, Fort Smith, AR 72903, (479) 783-1002
- COVID-19 updates - <https://www.healthy.arkansas.gov/>

Michael Brammer and Mayor Joe Hurst reported:

- Park playgrounds and basketball courts are closed to help prevent the spread of the coronavirus.
- For the most part citizens in Van Buren are abiding by the directive to social distance.

Drew Cone reported:

- School Health Index reports are normally due by May 1, DESE is allowing some leniency, but we will complete the reports by June 1.
- We received the three JUA grants we wrote for in the Fall, a new gym floor at Central Elem., two heat/air units at Butterfield, and a renovated trail and exercise equipment at Parkview.
- We are in year three of our Triennial Assessment and discussed in our 3rd quarter meeting about eliminating non-nutritional fundraisers. I have been contacted by some committee members about this possibility of a policy change. Due to this pandemic, we don't have an ideal platform to discuss in more detail non-nutritional fundraisers.
- Our Wellness Policy will remain intact besides some of the necessary changes in updating new DESE requirements.

Meeting adjourned at 10:00a.m.