Minutes for the District Wellness Committee Meeting on Dec. 2, 2020:

Meeting was called to order at 9:00a.m.

Welcome by Drew Cone. A brief overview of COVID regulations at sporting events was provided.

Nurse Rachel Bond reported 1,536 flu shots were given at all VBSD campuses. Immunizations are at .04% non-compliant, which is good considering being in a pandemic. Nurses are working continually working through COVID issues and vision, hearing, and BMI screenings. The screening process is a lot slower due to only being able to see a few students at a time.

Roy Kendrick, Child Nutrition Director, provided December menus and informed the committee of the following:

All students are able to eat free breakfast and lunch until June 31, 2021. They still have to turn in to the State the amount of free/reduced students.

Chris Bryant boasted about the Food Service program at the high school. With the high staff being quarantined, Mr. Kendrick was able to quickly and efficiently adjust schedules and provide meals at the high school without missing a beat.

Theresa Bell made a motion to approve menus; Aimee McCabe seconded the motion, menus approved.

FoodCorps representatives Alissa Haskins, Stephannie Baldwin and Jake Batchelor reported about the works going on at their respected schools. Alissa provided a PowerPoint of all the great learning happening at Tate in the gardens and outdoor classroom. Also, during Nov. and Dec. she has the students creating gratitude cards for cafeteria staff and other school employees. Stephannie shared pictures at Oliver Springs of the gardens the students have helped build. Jake reported of all the learning happening at Central and King with nutrition lessons and garden activities. They have placed bird feeders around the playground as well.

Teresa Williams, Lisa Montgomery and Cindy Green reported about the physical education classes at their schools. With COVID regulations they have had to modify lessons to decrease the usage of equipment and have found many activities students enjoy while keeping them active such as soccer dodgeball, yoga, outside jogging/running on the trails, etc.

Meeting adjourned at 10:00a.m.

Next meeting is Thursday, February 4 at 9:00 in the VBSD PD Center.