

## Van Buren School District Comprehensive School Counseling Program

### I. Foreword

The Van Buren School District comprehensive school counseling program:

- Is implemented by Arkansas certified school counselors.
- Utilizes state and nationally recognized counselor frameworks.
- Is reviewed annually and updated as needed by the school counselor in collaboration with the building administrator and other stakeholders.
- Is systemically aligned from kindergarten through grade twelve.

### II. Foundation

#### School Counselors

School	Counselor Name and Extension	Phone	Email
Butterfield Trail Middle School	Kim McCormick ext 1751 Rachel Morrison ext 3871	474-6838	<a href="mailto:kim.mccormick@vbsd.us">kim.mccormick@vbsd.us</a> <a href="mailto:rachel.morrison@vbsd.us">rachel.morrison@vbsd.us</a>
Central Elementary	Shelby Norris ext 3942	474-7059	<a href="mailto:shelby.norris@vbsd.us">shelby.norris@vbsd.us</a>
Freshman Academy	Kortney Ricketts ext 3774	471-3160	<a href="mailto:kortney.ricketts@vbsd.us">kortney.ricketts@vbsd.us</a>
King Elementary	Cheryl Peters ext 1753	474-2661	<a href="mailto:cheryl.peters@vbsd.us">cheryl.peters@vbsd.us</a>
Northridge Middle School	Anita Reagan ext 1131 Stephanie Richesin ext 1358	471-3126	<a href="mailto:areagan@vbsd.us">areagan@vbsd.us</a> <a href="mailto:stephanie.richesin@vbsd.us">stephanie.richesin@vbsd.us</a>
Oliver Springs Elementary	Sandie Millard ext 1147	471-3120	<a href="mailto:smillard@vbsd.us">smillard@vbsd.us</a>
Parkview Elementary	Amber Hurst ext 1783	474-8730	<a href="mailto:amber.hurst@vbsd.us">amber.hurst@vbsd.us</a>
Rena Elementary	Eryn Wallis ext 1209	471-3190	<a href="mailto:emily.wallis@vbsd.us">emily.wallis@vbsd.us</a>
Tate Elementary	Jordan Duvall	471-3130	<a href="mailto:jordan.duvall@vbsd.us">jordan.duvall@vbsd.us</a>
Van Buren High School	Telitha Fleck ext 3772 Taryn Lincoln 3979 Cara McGhee ext 1001	474-6821	<a href="mailto:telitha.fleck@vbd.us">telitha.fleck@vbd.us</a> <a href="mailto:taryn.lincoln@vbsd.us">taryn.lincoln@vbsd.us</a> <a href="mailto:cara.mcgee@vbsd.us">cara.mcgee@vbsd.us</a>
River Valley Virtual Academy	Dana Goodman ext 3329	471-3165	<a href="mailto:dana.goodman@vbsd.us">dana.goodman@vbsd.us</a>

## **Beliefs -**

- All students have access to high quality school counseling services.
- All students have a right to a safe and supportive learning environment.
- Every student is valuable and treated with dignity and respect.
- Student achievement is improved through the comprehensive school counseling program.
- Learning is a life-long process involving the development of academic, career, and social/emotional skills based on the needs of the whole child.
- Student success requires a partnership between school, family, students and community.
- The American School Counselor Association ethical standards guide the work of the school counseling program and school counselors.

## **Vision Statement -**

The Van Buren School District counselors ensure every student will acquire the academic, career and social/emotional skills needed to reach their fullest educational potential. Our goal is for students to successfully manage their lives as healthy, responsible, competent and productive citizens who respect themselves and others.

## **Mission Statement -**

Van Buren School Counselors provide equitable access to comprehensive counseling services for all students. The Van Buren Counseling program serves the whole child by equipping all students with a healthy, safe, engaging, supportive and challenging environment. This environment will foster the skills needed to become successful, well rounded citizens prepared to reach their full potential as lifelong learners.

## **Program Goals**

The Van Buren School District will guide students in academic pursuits, career planning, and social and emotional learning using the SMART format. Each school will focus on specific goals based on student needs through a multilevel data review which include data analysis, use of time reviews, program results, and communication and contact with administrators, parents, students, and stakeholders.

## **Van Buren School District Program Goal**

Bullying reports have increased district wide impacting the safe environment desired for all students.

To determine the increase or decline in the number of bullying reports, the district will use the following measures

- eSchool bullying documentation
- reported bullying incident
- student survey data
- number of reports to the anonymous tip line

Our goal is to decrease the percentage of bullying incidents by **1%** during the 2020-2021 school year.

### **Action Steps**

- Continuation of bullying lessons which are consistent across the district
- Student Resource Officer lessons pertaining to bullying
- Anti-bullying guest speaker at each grade level
- Consistent building-level consequences to bullying
- Parent newsletters and social media bullying awareness posts
- Individual and small group counseling
- Administrator/Counselor follow-up discussions to identify repetitive behaviors

### **Strengths**

- Currently each building now has a full-time School Resource Officer
- Anonymous tip resource available to parents and students
- Educational resources that highlight bullying resources
- Positive referrals for kindness

### **Barriers to Success**

- Communication
- Lack of understanding of what constitutes bullying
- Stakeholder awareness and partnership

### **Outcomes**

- Review bullying data in eSchool
- Review reported bullying incidents

- Reflect on the results of the data
- Determine next steps

## Time Table

Bullying data will be reviewed at the end of each semester by the district's Bullying Prevention Committee, and school counselors will meet quarterly with site principals to review each school's data and implementation of action steps.

### III. Management

VBSD will utilize assessments and other data to develop, implement, and evaluate the comprehensive school counseling program which include: (refer to the Arkansas School Counselor Toolkit)

#### A. School Counseling Self-Assessment and Program Assessment

- The school counselor provides direct and indirect services to students 90% of the time during student contact days.
- The school counselor completes administrative activities no more than 10% of the time during student contact days.

#### B. Annual Administrative Conference

#### C. Advisory Council

- Review program goals, results, make recommendations, and advocate for the school counseling program.

#### D. Calendars

- Annual calendars are developed, implemented, and shared with stakeholders.

#### E. Data Use in School Counseling

- To develop the academic, career and social/emotional needs.
- Evaluated on an individual or small group of students.
- Evaluate the results of the school counseling program.

#### F. Follow the ASCA School Counselor Professional Competencies and Ethical Standards

### IV. Delivery

VBSD is focused on the process and method of delivering the comprehensive school counseling program to students.

## **A. Direct Services**

- Classroom lesson topics - lessons are no longer than 40 minutes and no more than 3 per day and 10 per week.
- Individual and Group counseling
- Classroom curriculum
- Orientation/transition programs
- Academic advisement to help students establish goals
- Interpretation of assessments
- Support students in the understanding of classroom performance and success in school
- Essential skills from G.U.I.D.E. for Life
- Bullying prevention
- Suicide prevention
- Career planning
- Guidance on accelerated learning opportunities, academic deficits, and accessibility to resources
- Provide student surveys, inventories and data to support students engage in rigorous coursework
- Encourage parents to be involved

## **B. Indirect Services**

- Consultations on behalf of the student, interactions with parents, staff, and community agencies concerning a student's discipline/behavior, academics, or attendance
- Referrals to support services in the school or district with community agencies
- Serve as a contributing member of decision-making teams

## **V. Assess/Accountability**

VBSD school counseling program will evaluate its effectiveness by analyzing data that has been collected and making program decisions based on the results.

### **A. Accountability Tools**

- Use-of-time calculator
- School data report card
- Feedback from provision of curriculum or programs (participation, Mindsets and Behavior, and outcome results)
- Feedback from small groups such as surveys, participation data, Mindsets and Behaviors acquisition, and student outcomes

- Needs assessments from parents, students, community members, and/or educators
- School counseling program self-assessment
- School counselor TESS
- School counselor reflections
- Review of goal setting action plan results