

Minutes for the District Wellness Committee Meeting on Feb. 8, 2022:

Meeting was called to order at 9:00a.m.

Welcome by Drew Cone, introduction of committee members and an overview of the purpose of the VBSD Wellness committee.

Nurse Rachel Bond reported we only have one positive Covid student in the district and 10 quarantines. The nurses administered 1,272 flu shots. The State has seen 554 flu cases as of Oct. 3 and only 14 cases in the VBSD. Nurses are continuing their screenings now that Covid has slowed down.

The VBSD has a Covid Dashboard located at <https://www.vbsd.us/covid-19-info/covid-dashboard>

Roy Kendrick, Child Nutrition Director, provided February menus and informed the committee of the following:

- Food shortage has required Child Nutrition to change menus often
- The food staff has done a tremendous job filling in at schools with staff members out on Covid and keeping our cafeterias going.
- Aquaponics update – greenhouse has been received, still waiting on construction

Becky Goerig made a motion to approve menus; Theresa Bell seconded the motion, menus approved.

Triston Bolton, with Univ. of Arkansas Ext. Office, has been working with many of our schools and providing taste tests. She will be at King, Central and Butterfield for strawberry and spinach taste tests. The students at Butterfield will get to make spinach smoothies on an exercise bike. She reported Oliver Springs, Rena and Central have small aquaponics systems. She plans to coordinate with Butterfield on their gardens and provide nutrition lessons.

Erin Perryman, BTMS PE teacher/Coach, reported that Butterfield plans to have a Health Fair on March 15 for students and staff.

Drew Cone shared about local gyms providing discounts for teachers and students in the VBSD. The VBSD provides a free BAM class every week day at Central Elem. Gym. Elementary track and field days have been set. Terrell Woods is working on a summer camp schedule to provide all students a strength and conditioning program.

Meeting adjourned at 10:00a.m.

Next meeting is Monday, April 11 at 9:00 in the VBSD PD Center.