

## Wellness Meeting Minutes September 28, 2023

Meeting was called to order at 9:00am by Drew Cone.

Drew explained the importance and function of the wellness committee to the group and asked that everyone introduce themselves.

Tessa Clemmons reported for Child Nutrition.

- National School Lunch Week is 10/9-10/13
- 4 schools were awarded the Fresh Fruits and Vegetable grant. The program will begin October 16, 2023.
- October is Farm to School Month, Child Nutrition is featuring locally farmed beef in all schools.
- Harvest of the Month returned in September featuring Apples, October is squash and gourds and all menus are set through January 2024

Kaydence Asbury and Clancie Sorrells reported for Food Corp.

- Tate was donated a new shed for their garden, two apple trees were also donated
- Tate and OSE are harvesting their summer crops and planting for the winter gardens now
- Clancie held a taste test at Central Literacy night
- To celebrate Farm to School Month, the blender bike will be back to make salsa

Ashley Fleming reported for the nurses-

- State screenings have begun at the schools for hearing, vision and BMI
- Nurses are working to get students to get up to date on their shots
- Flu Clinics are coming up at the end of October 10/24-10/26 and 10/31-11/2
- The health department is not holding a day clinic for shots, they will give shots on a walk in basis

Mrs. Nichols reported for the community-

- Refuel fitness is offering a \$15/month rate to all VBSD students
- The Jingle all the Way 5k will be held in downtown Van Buren on the 1<sup>st</sup> weekend in December

Drew Cone reported for the district-

- BAM classes are being offered at Central Elementary at 5:15am, 4pm and 4:30pm Monday-Friday for free to VBSD employees
- Nurses are at every campus
- Reviewed partnerships in the community and JUA grant awards. JUA grants have awarded a total of \$526,000.00 in the last 7 years to VBSD. This has helped to build walking trails and improve facilities
- OSE received a new basketball court and concrete playground extension
- Pickle ball courts have been put in near the Boys and Girls club at the city park
- VB has also received a \$30,000.00 grant to resurface the tennis courts

Theresa Bell motioned to approve the menus, coach Blake and Erin Perryman seconded the motion and menus were approved.

The meeting concluded and Drew Cone dismissed. The next meeting is scheduled for December 6, 2023.

Nurse report:

This is our super busy time of year where our state required screenings are being performed and immunization deadlines coming. All nurses working to get students up to date.

Flu clinic dates

Oct. 24<sup>th</sup>- Rena AM /Oliver Springs PM

Oct. 25<sup>th</sup> – Central AM / ALE PM

Oct. 26<sup>th</sup> – Tate AM / Parkview PM

Oct. 31<sup>st</sup> – Butterfield AM / Freshman PM

Nov. 1<sup>st</sup> – King AM / Northridge PM

Nov. 2<sup>nd</sup> – High School AM / Admin PM

AM 8:30 – 11:30

PM 12:30 - 2:30

Clinics are for students, staff, and families.

Also, the health department is not doing a day clinic for flu shots this year, they are giving flu shots as a walk in basis October 2nd-6th at the Crawford County Health Unit from 7:30-4:00.